Hay Deli Grocery List

updated 7th April 2021

We have put together a list of our most commonly requested stock, to help make it easier to place an order with us.

If you've shopped with us before, you'll know this list is not exhaustive - we stock much more than we can fit here! Please do not hesitate to get in touch if there is something you would like that you can't see listed and we'll tell you if we have it, or do our best to source it for you.

Please send orders through to hello@haydeli. co.uk, and tell us when you would like to collect the order. One of our helpful staff will be in touch to confirm that we have your order and to give details on when it will be available for collection. We kindly ask for 24 hours notice where possible.

Bread, milk & cheese & alternatives

Fruit & Vegetables

Wholefoods

Store cupboard

Meat & Fish

Drinks



BREAD, MILK, CHEESE & ALTERNATIVES

Bread		Cheese	
Large Dark & White Sourdough	£4.15	Ragstone (Goats) each	£5.95
Small Dark & White Sourdough	£2.95	Dorstone (Goats) each	£5.39
Large Malt & Rye Sourdough	£4.15	Perroche (Goats) each	£4.29
Small Malt & Rye Sourdough	£2.95	Hay-on-Wye (Goats) each	£3.29
Large Rustic White	£3.95	Finn (Cows) each	£4.29
Small Rustic White	£2.50	Perl Wen (per 200gr)	£3.90
Malted Tin	£3.25	Perl Las (per 200gr)	£4.50
White Tin	£3.25	Worcestershire Hop (per 200gr)	£3.59
Small Seeded Malthouse	£2.90	Teifi Mature Gouda (per 200gr)	£3.80
Large 100% Rye	£4.15	Hafod (per 200gr)	£5.00
Small 100% Rye	£2.70	Gorwydd Caerphilly (per 200gr)	£4.40
Country White	£2.90	Parmesan (per 200gr)	£7.20
		Brie de Meux (per 200gr)	£4.20
Biona Pre-pack Rye	£2.09	Pecorino (per 200gr)	£4.40
Schnitzer Gluten Free Focaccia	£3.49	Manchego (per 200gr)	£5.30
		Colston Bassett Stilton (per 200gr)	£4.50
		Mature Org Cheddar (per 200gr)	£2.95
Eggs, Dairy & Non-Dairy Milk Etc		Mild Org Cheddar (per 200gr)	£2.95
6 Organic Eggs	£2.09	Feta (150gr)	£3.29
1 Pt Organic Full Milk	£0.85	Cows Mozzarella	£1.29
1 Pt Organic Semi Milk	£0.85	Buffalo Mozzarella	£2.29
1 Lt Organic Full Milk	£1.19	Ricotta (150gr)	£1.95
1 Lt Organic Semi Milk	£1.19	Mascapone (250gr)	£1.95
500ml Keffir	£3.09		
Rude Health Almond Milk	£2.59	Deli Counter	
6x Rude Health Almond Milk	£13.95	Hummus (per 200gr)	£2.00
Oatly barista	£2.19	Basil Pesto (per 200gr)	£5.00
6x Oatly barista	£11.85	Rose Harrisa (per 100gr)	£2.50
Yeo Valley Butter (salted/unsalted)	£2.79	Mixed Olives (per 200gr)	£3.30
Calon Wen butter (salted/unsalted)	£3.09	Black Olives with herbs (per 200gr)	£3.30
Naturli Vegan Block	£2.09	Green Olives with lemon (per 200gr)	£3.30
Org Double Cream	£2.39	Green Olives with garlic (per 200gr)	£3.30
Buttermilk	£1.59	Gordal Olives (per 200gr)	£3.30
Neal's Yard Crème Fraiche (lg)	£4.09	Oven Roasted Tomatoes (per 200gr)	£3.90
Neal's Yard Greek Style Yoghurt (lg)	£2.59	Artichoke Hearts (per 200gr)	£3.90
Llaeth Y llan Yoghurt	£1.79	Peppers stuffed with feta (per 200gr)	£3.90
Org Sheeps Yoghurt	£3.69	Balsamic Onions (per 200gr)	£3.90
Coyo Coconut Yoghurt (400gr)	£4.99	Pickled Garlic Cloves (per 200gr)	£3.30
Oatly Yoghurt	£2.69	Anchovies (per 150gr)	£3.75

FRUIT & VEGETABLES

Prices per kg

Organic Fruit			
Apple Braeburn UK	£4.29	Lettuce FR/SP each	£2.49
Apple Red Pippin UK	£4.29	Mushroom NL	£10.65
Bananas DR	£2.39	Onion White NL	£2.29
Clemintine SP	£3.95	Onion Red UK	£2.89
Dates medjool non org/	£12.59	Pepper Red Green + Yellow SP	£8.25
Grapefruit Ruby SP	£3.49	Pepper Ramiro SP	£8.90
Kiwi ITL	£4.49	Purple Sprouting Broccoli UK	5.89
Lemon SP	£3.49	Potato various UK	£1.65
Lime MX	£6.10	Shallot FR	£7.79
Oranges ITL	£2.49	Spinach FR	9.25
Pear Conference UK	£4.25	Sprouted Seeds UK (each)	£1.99
		Squash Butternut UK	£2.79
		Sweet Potato SP	£3.39
		Tomato Cherry SP	£8.79
		Tomato Vine SP	£6.95
Organic Vegetables		Turmeric PERU	£10.75
Aubergine SP	£6.59	Watercress UK (each)	£2.29
Avocado SP	£8.89		
Bean Flat SP	£4.35		
Broccoli SP	£5.95		
Cabbage Red UK	£1.69	Frozen Fruit	
Cabbage White UK	£2.39	Raspberry (350gr)	£2.99
Carrot UK	£2.29	Summerfruits (350gr)	£2.99
Cauliflower UK (each)	£2.59	Org Blueberry (300gr)	£3.49
Celeriac UK	£2.05	Org Summerfruits (300gr)	£3.79
Celery SP (each)	£2.29		
Chilli IT	£6.49		
Courgette SP	£2.79		
Cucumber SP (each)	£2.25		
Fennel SP	£4.15		
Garlic SP	£10.75	Frozen Fruit & Vegetables	
Ginger CH	£7.29	Org Peas (300gr)	£1.69
Herbs Parsley FR	£1.89	Org Sweetcorn (450gr)	£2.99
Leeks UK	£5.69	Org Broccoli (300gr)	£2.49
		Org Green Beans (450gr)	£2.49
		Org French Fries (600gr)	£2.99

Note: Our main delivery from our veg suppliers is on Wednesday morning with more regular deliveries of salad packs and other items from Primrose farm throughout the week

WHOLEFOODS

We carry a large range of wholefoods. If you need something not listed, just as k - we probably have it!

From Talgarth Mill Prices per kg Wholemeal Bread Flour £2.59 Apricots (500gr) £3.65 Wholemeal Plain Flour £2.29 Org Apricots (250gr) £3.69 Spelt Flour £3.95 Cherries Glacé (250gr) £1.89 Rye Flour £2.95 Dried cranberries (250gr) £2.09 Currants (500gr) £3.30 From Shipton Mill Dates (500gr) £3.25 Org White Bread Flour (16kg) £22.50 Dates chopped (500gr) £2.25 Org White Bread Flour (2.5kg) £3.95 Figs (250gr) £2.65 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.10 Jumbo Raisin (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF Vhite Bread Flour (1kg)
Wholemeal Plain Flour £2.29 Org Apricots (250gr) £3.69 Spelt Flour £3.95 Cherries Glacé (250gr) £1.89 Rye Flour £2.95 Dried cranberries (250gr) £2.09 Currants (500gr) £3.30 From Shipton Mill Dates (500gr) £3.25 Org White Bread Flour (16kg) £22.50 Dates chopped (500gr) £2.25 Org White Bread Flour (2.5kg) £3.95 Figs (250gr) £2.65 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Spelt Flour £3.95 Cherries Glacé (250gr) £1.89 Rye Flour £2.95 Dried cranberries (250gr) £2.09 Currants (500gr) £3.30 From Shipton Mill Dates (500gr) £3.25 Org White Bread Flour (16kg) £22.50 Dates chopped (500gr) £2.25 Org White Bread Flour (2.5kg) £3.95 Figs (250gr) £2.65 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 '00' / Pasta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Rye Flour £2.95 Dried cranberries (250gr) £2.09 Currants (500gr) £3.30 From Shipton Mill Dates (500gr) £3.25 Org White Bread Flour (16kg) £22.50 Dates chopped (500gr) £2.25 Org White Bread Flour (2.5kg) £3.95 Figs (250gr) £2.65 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Currants (500gr) £3.30 From Shipton Mill Dates (500gr) £3.25 Org White Bread Flour (16kg) £22.50 Org White Bread Flour (2.5kg) £3.95 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Corange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
From Shipton Mill Dates (500gr) £3.25 Org White Bread Flour (16kg) £22.50 Dates chopped (500gr) £2.25 Org White Bread Flour (2.5kg) £3.95 Figs (250gr) £2.65 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Org White Bread Flour (16kg) £22.50 Dates chopped (500gr) £2.25 Org White Bread Flour (2.5kg) £3.95 Figs (250gr) £2.65 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Org White Bread Flour (2.5kg) £3.95 Figs (250gr) £2.65 Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Org White Bread (1.5kg) £2.85 Org Figs (250gr) £3.09 Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Plain White (1kg) £1.89 Fruit Salad (250gr) £3.25 Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Self Raising White (1kg) £1.89 Lemon Peel / uncut (250gr) £3.15 '00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
'00' / Pasta Flour (1kg) £1.89 Orange Peel / uncut (250gr) £3.15 Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Prunes pitted (500gr) £2.59 Polenta Flour (500gr) £1.10 Jumbo Raisin (500gr) £2.70 Doves GF White Bread Flour (1kg) £2.49 Org Raisin (500gr) £3.20 Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
Polenta Flour (500gr)£1.10Jumbo Raisin (500gr)£2.70Doves GF White Bread Flour (1kg)£2.49Org Raisin (500gr)£3.20Doves GF Plain Flour (1kg)£2.49Sultanas (500gr)£2.45
Doves GF White Bread Flour (1kg)£2.49Org Raisin (500gr)£3.20Doves GF Plain Flour (1kg)£2.49Sultanas (500gr)£2.45
Doves GF Plain Flour (1kg) £2.49 Sultanas (500gr) £2.45
. 6,
Doves GF Self-Raising Flour (1kg) £2.49 Vine Fruit
Baking Sundries
Fermipan Yeast 500gr £4.99 Seeds
Doves Farm Yeast 125gr £1.29 Prices per kg
Baking Powder £1.99 Sunflower (500gr) £2.80
Bicarbonate of Soda £1.59 Pumpkin (500gr) £2.80
Cornflour £1.99 Sesame (500gr) £3.30
Vanilla Bean Paste £6.99 Lineseed / Flaxseed (500gr) £2.70
Rose Water £3.99 Seed Mix (mix of the above plus poppy) £3.99
Ginger Syrup £3.95 Chia Seeds (250gr) £2.09
G&B Cocoa Powder £2.99 Org Popping Corn (500gr) £3.25
Org Cacao Nibs (250gr) £2.39
Cereals
Nuts Priced per pack
Prices per kg Whole Earth Cornflakes £2.79
Almonds (250gr) £3.89 Whole Earth Maple Flakes £3.29
Flaked Almonds (250gr) £3.65 Sharpham Park Spelt Flakes £3.49
Ground Almonds (250gr) £3.59 Lizis Org Granola £4.99
Broken Brazil Nuts (250gr) £3.45 Doves Farm Chocolate Stars £3.49
Cashew Pieces (250gr) £3.59 Alphabites Multigrain £2.95
Desiccated Coconut (500gr) £3.45 Alphabites Cocoa £2.95
Hazelnuts (250gr) £4.49
Peanut - Lightly Roasted and Salted (250gr) £2.15
Pecan (125gr) £3.59

Oats and Museli		Grains etc	
Prices per kg		Org Aborio Rice 500gr	£3.29
Org Porridge Oats (1kg)	£2.59	Kilomero Brown Rice 3kg	£9.95
Org Jumbo Porridge (1kg)	£2.59	Kilomero Brown Rice 1kg	£3.65
Supreme Muesli (1kg)	£5.25	Kilomero White Rice 3kg	£9.95
Crunchy Munchy (1kg)	£4.79	Kilomero White Rice 1kg	£3.65
Org Date & Apricot (1kg)	£5.79	Org Short Grain Brown Rice 1kg	£3.79
GF Org Porridge Oats (750gr)	£4.49	Org Quiona (500gr)	£3.49
		Cous Cous (500gr)	£1.50
		Bulgar Wheat (500gr)	£2.09
		Freekeh (500gr)	£4.15
		Org Pearled barley (500gr)	£1.69
		Org Pearled Spelt (500gr)	£3.29
Salt		Pulses (Dried)	
Halen Mon Sea Salt 250gr	£6.49	Prices per kg	
Maldon Sea Salt 570gr	£6.49	Org Chickpeas (500gr)	
Maldon Sea Salt 250gr	£2.99	Red Lentils (500rg)	
		Dark Speckled / Puy style (500gr)	
Sugar		Butterbeans	
Prices per kg		Red Kidney Beans	
Golden granulated		Mung Beans (500gr)	£3.15
Light Soft Brown		Black Beans (500gr)	£2.30
Dark Soft Brown		Brown Lentils (500gr)	£2.49
Demerara		Green Lentils (500gr)	£1.95
Icing Sugar		Canellini Beans (500gr)	£2.35
0.4.0		Organic Green Spilt Peas (500gr)	£1.95
Sugar Alternatives		Tinned beans and pulses - extensive range	from £1.19
Xylitol (1kg)	£11.49	extensive range	
Xylitol (250gr)	£3.29	Herbs & Spices	
,		Org Turmeric (500gr)	£4.95
Syrups		Org Yellow Mustard Seeds (500gr)	£3.39
Coedcanlas Maple Syrup (330gr)	£9.95	Org Brown Mustard Seeds (500gr)	£3.95
Meridian Maple Syrup (330gr)	£6.99	Peppercorn (250gr)	£3.49
Merdian Date Syrup (330gr)	£2.99	(23051)	23.13
Agave Syrup (240ml)	£4.25	Ras el Hanout	£2.49
Org Golden Syrup	£3.99	Baharat	2.49
Pomegranate Molasses	£4.49	Alepo Chilli (50gr)	£3.00
Tomegranace Wolasses	L-11.5	Green Harissa	£2.49
		Red Harissa	£2.49
material section of the section of t	-	Sumac	£2.49
If there is anything we have missed off the list then please do add it to the list and we'll see if		Saffron 0.5gr	£2.79
			£2.79
we have it in stock and can get it for the		Lomongrace (in a jar)	
· · · · · · · · · · · · · · · · · · ·		Lemongrass (in a jar)	12.43

STORECUPBOARD

Pasta		Oils & Vinegars	
We stock a huge range of different brands and		5lt Brindisa Olive Oil	£38.00
shapes of pasta. If you are not sure what shape		1lt Brindisa Olive Oil	£10.65
or brand - if you give us some pointers we can		Essential Coconut Oil (690ml)	£9.25
help work it out		Essential Coconut Oil (210ml)	£3.99
Suma Organic from	£1.49	75cl Biona Cider Vinegar	£3.49
Martelli from	£3.95	Aspalls Cider Vinegar 500ml	£2.99
La Terra e il Cielo from	£1.99	Aspalls Red Wine Vinegar 350ml	£1.99
Seggiano from	£3.89	Aspalls White Wine Vinegar 350ml	£1.99
Doves Farm Gluten Free	£3.29		
Difatti Gnocchi	£2.29	Sweet Biscuits	
		Nairn's Oat Biscuits (various) from	£1.99
Noodles		Island Bakery (various) from	£2.49
Clearspring Udon Noodles	£2.99	Doves Farm Digestive (400gr)	£2.35
Clearspring Rice Noodles	£2.99	Doves Farm Digestive (200gr)	£1.35
Clearspring Buckwheat Noodles GF	£3.95	Doves Farm Fruit Biscuits	£1.99
		Doves Farm Ginger Biscuits	£1.99
Sauces & Pastes		Doves Farm GF Lemon	£2.49
1kg Seggiano Basil Pesto	£18.49	Doves Farm GF Double Chocolate	£2.49
200gr Seggiano Basil Pesto	£5.95		
Seggiano Basilico Pasta Sauce	£2.95	Savoury Biscuits	
Seggiano Marinara Pasta Sauce	£2.95	Cradocs Crackers (various)	£2.59
Seggiano Arrabiata Pasta Sauce	£2.95	Peters Yard (various)	£2.69
Seggiano Puttanesca Pasta Sauce	£2.95	Peters Yard Selection Box	£6.49
Belazu Truffle + Artichoke Pesto	£3.49	Seggiano Lingue (various)	£3.89
Belazu Paprika & Tomato Sauce	£2.95	Seggiano Grissini (various)	£3.89
Belazu Roast Pepper Tapanade	£3.49	Stockans Oatcakes from	£0.79
Clearspring Miso Hatcho	£5.49	Nairn's Oatcakes	£1.69
Thai Green Curry Paste	£2.49	Nairn's GF Oatcakes	£2.49
Laksa Curry Paste	£2.49	Dr Karg (various) from	£2.99
Tamarind Paste	£2.49	Rude Health Crackers (various)	£2.99
Fish Sauce	£2.49	Miller Damsel (various)	£2.69
Oyster Sauce	£2.49		
Shrimp Paste	£2.49		
Pataks Korma Paste	£2.79		
Pataks Tikka Paste	£2.79		
Pataks Rogan Josh Paste	£2.79		
Pataks Tandori Paste	£2.79		
Pataks Vindaloo Paste	£2.79		

Jars & Tins	from	Condiments	
Tinned beans and pulses - large range	£1.19	Org Suma Mayonnaise	£2.99
Garbanzos / Chickpeas (700gr)	£3.09	Tracklements Mustardy Mayonnaise	£3.20
Judion / Butter Beans (700gr)	£3.09	Dylans Red Sauce	£3.25
Alubias / Haricot Beans (700gr)	£3.00	Dylans Brown Sauce	£3.25
Perello Gherkins	£2.29	Tracklements Spiced Plum Chutney	£3.60
Perello Gundilla Peppers	£2.29	Tracklements Red Onion Marmalade	£3.60
Perello Caperberries	£2.29	Tracklements Sticky Fig Relish	£3.70
Perello Picked Garlic	£2.95	Tracklements Mango & Chilli Chutney	£3.60
Gordal Olives (150gr)	£2.25	Tracklements Piccalilli	£3.60
Gordal Olives (600gr)	£7.69	Tracklements English Mustard	£2.09
Preserved Lemons	£3.49	Membrillo (140gr)	£3.25
Organic Capers (100gr)	£2.29		
Roasted peppers	£3.49	Meridian Tamari (500ml)	£6.25
		Meridian Shoyu (500ml)	£4.49
Marmalade & Jam		Salsa valentina (Red / Mild)	£2.49
Coedcanlas no. 3, 5, 8 or 9	£5.89	Salsa valentina (Black Hot)	£2.49
Coedcanlas Raspberry or Blackcurrant Jam	£5.89	Sriracha	£2.49
St Dalfour, Orange & Ginger	£2.49		
St Dalfour, Raspberry	£2.49	Honey	
St Dalfour, Strawberry	£2.49	Coedcanlas Set or Clear	£8.59
St Dalfour, Fig	£2.49	Gutherie Set or Clear (454gr)	£6.95
St Dalfour, Apricot	£2.49	Gutherie Set or Clear (227gr)	£4.25
		Fordyce Set (454gr)	£5.95
Nut Butters & spreads		Fordyce Clear (454gr)	£5.95
1kg Org Peanut Butter (crunchy or smooth)	£7.99		
Org Peanut Butter (crunchy or smooth)	£2.79	Snacks	
Org Tahini (light or dark)	£3.29	Tyrells Salt & Vinegar (150gr)	£2.49
		Tyrells Cheese & Onion (150gr)	£2.49
Chocolate		Tyrells Sea Salt (150gr)	£2.49
Montezuma Lordy Lord (72% with nibs)	£2.59	Brown bag Rosemary & Salt (150gr)	£2.09
Montezuma Fiztroy (72%)	£2.59	Brown bag (150gr)	£2.09
Montezuma Smooth Operator	£2.59	Manomasa Chipotle & Lime	£2.09
Montezuma Chocolate Buttons	£3.95	Manomasa Manchego & Olive	£2.09
Booja booja Chocolate Truffles 2's	£1.49	Torres Truffle Crisps	£3.79
Booja booja Chocolate Truffles 6's from	£4.99	Bombay Mix (250gr)	£1.69
Ombars (70gr)	£3.29	Brindisa Salted Almonds	£3.59
Willies Cacoa (Single Estate / Bean to Bar)	£2.99	Brindisa Nut Mix	£1.89
Willies Cacoa Truffles Dark or Milk(large)	£8.99		
Willies Cacoa Truffles Dark or Milk (small)	£4.49		
Willies Cacoa Wonders of the World (5 Pack)	£9.95		

As with many areas of the 'list' we have an extensive range of chocolate in the shop too large to list - try your luck we might just have it!

MEAT & FISH

Frozen Graig Farm Meat		Cured Meat	
(Priced per kg)			
	approx	From Brindisa	
Chicken breast	£4-6	Organic Sliced Salami	£4.69
Chicken thighs 4's	£7.50	Organic Sliced Hot Chorizo	£4.69
		Organic Sliced Hot Chorizo	£4.69
Org Mince Beef 450gr	£8.00	Serrano Ham 500gr	£12.49
		Serrano Ham 100gr	£3.25
Org Pork Sauages 4's	£4.00	Cooking Chorizo 200gr mild	£2.99
Org Pork Sausages 8's	£8.00	Cooking Chorizo 200gr hot	£2.99
Org Pork Sauages 4's (gluten free)	£4.00		
Org Pork Sausages 8's (gluten free)	£8.00		
Org Beef Burgers 2's	£3.50		
Org Beef Burgers 4's	£7.00		
Chicken Burgers 2's	4-5		
Chicken Burgers 4's	9-10		
Smoked Meat & Fish			
(From Black Mountain Smokery)		Tinned Fish	
100gr Smoked Salmon	£7.00	Ortiz Anchovies 80gr	£4.29
200gr Smoked Salmon	£12.95	Ortiz Sardines	£3.29
Oak Roast Salmon Portion	£5-6	Ortiz Tuna (Altun Claro)	£5.69
Oak Roast Pepper Salmon Portion	£5-6	Fish 4ever Tuna	£2.95
Salmon Trims	£5.00	Fish 4ever Sardines with tomato	£3.95
Smoked Trout Fillets	£6-7		
Smoked Pepper Trout Fillets	£6-7		
Smoked Chicken Breast	£5.50		

DRINKS

Теа		Coffee	
Clipper Organic 80's	£4.25	Black Mountain Roast Simons Blend	£7.00
Clipper Earl Grey 80's	£4.25	Black Mountain Roast Mungos Blend	£7.00
Clipper Decaf 80's	£5.95	Method Roastery Hay Blend	£7.00
Clipper Green 80's	£4.25	Method Roastery Columbian	£7.00
Clipper English Breakfast Loose 100gr	£2.79	Ethical Addictions Machare	£5.50
Clipper Assam Loose 100gr	£2.99	Ethical Addictions Decaf	£5.50
Herbal Teas		Instant Coffee	
Pukka Tea	£2.99	Clipper Decaf	£5.49
We generally have stock of all		Clipper Red	£4.99
40 of the Pukka Tea range		Clipper Blue	£4.99
Clipper Camomile	£1.79	Clipper Black	£4.99
Clipper Snore & Peace	£1.79		
Clipper Night time	£1.79	Coffee Alternatives	
Clipper Nettle	£1.79	Wake Up	
Dragonfly Morocan Mint	£2.49	No caff	
Dragonfly Earl Grey Rooibos	£2.49	Barley Cup 200gr	£4.99
Soft Drinks			
Local Apple Juice	£3.49		
Equinox Kombucha (275ml)	£2.29		
Belvoir Org Elderflower Cordial	£4.99		
Belvoir Lemon, Ginger & Honey Cordial	£4.49		
Belvoir Org Ginger Cordial	£4.99		
Belvoir Org Elderflower Presse	£2.99		
Courston Press Apple 11t	£2.99		
Cawston Press Apple 1lt Cawston Press Rhubarb 1lt	£2.99		
Cawston Press Apple & Ginger 1lt			
Cawston Press Apple & Ginger 11t Cawston Press Apple & Elderflower 1lt	£2.99		
Cawstoll riess Apple & Elderhower 11t	£2.99		
Mixers			
Fevertree Tonic (500ml)	£2.29		
Fevertree Tonic Light (500ml)	£2.29		